

Spa Etiquette

Cancellation Policy

Please allow 24 hours notice of cancellation.

Advanced Bookings

We highly recommend booking your treatments in advance to ensure that your preferred time and service are available.

Spa Arrival

We recommend that you check in at the spa reception at least 10 minutes prior to your first scheduled appointment. This allows us to have a brief discussion with you about your treatment expectations. Please understand that late arrivals will not receive an extension for the scheduled treatments.

Digital Disconnection

Our spa environment is one of tranquility and we would appreciate it if you could turn off your mobile devices or put them on silent mode to respect all spa guests' right to privacy and serenity.

Talk To Us

Everyone is different. Although we do our best to anticipate your needs, please let your therapist know if there is any way that they can improve your treatment or comfort - for example, lighter massage pressure, different music, lower lights, etc.



MIST

HOTEL & SPA BY WARWICK

"We don't just get rid of stress, we create serenity."

Get in touch

Nabeh Mar Sarkis Road, Ehden, North
Lebanon
+96171100222
mist-hotel.com



SERENITY SPA

Spa Day

Our rituals start off with the sauna and steam room to prepare your muscles for the treatment, speed up circulation, and detoxify your body. Following the massage, you can spend time in our pool and jacuzzi.

Serenity in Ehden

Indulge yourself with a soothing aromatic massage followed by an Ehden Glow facial for an experience of ultimate relaxation.

100 mins | \$165

Mist Pampering

Escape into a world of relaxation and pampering with the help of a calming Hot Stone massage and our Forever Young Facial.

100 mins | \$200

Better Together

Reinvigorate your love through a journey of relaxation for your body and mind. Begin with a deep tissue massage to unwind followed by a facial. Accompanied by a bottle of sparkling wine and fruits

100 mins | \$360



Massages

Aromatherapy

A Swedish massage combined with the power of essential oils gives you the ultimate physical relaxation while also clearing your mind.

50 mins | \$70
80 mins | \$100

Re-Energize

A restorative treatment that uses medium-to-firm pressure massage in combination with stretching to improve circulation and release muscle stress.

50 mins | \$65
80 mins | \$95

Hot Stone Massage

Let us melt your troubles away with a relaxing massage using the soothing warmth of volcanic basalt stones and aromatic oils to relieve your stress and rejuvenate your spirit.

50 mins | \$90
80 mins | \$120

Deep Tissue

Specially designed for deeply rooted knots and aching muscles, our therapists apply medium-to-firm pressure to provide relief.

30 mins | \$50
50 mins | \$80

Cupping Massage

Suctioned cups are moved around the body after applying oil to massage the desired areas. This therapy is known to stimulate your immune system, reduce inflammation and increase blood circulation.

30 mins | \$55
50 mins | \$75

Mother-To-Be

For the wonderful period of motherhood, we designed a relaxing massage that eases discomfort and promotes relaxation.

50 mins | \$65
80 mins | \$100

Massage Therapy

Created for deep aches and pains, this treatment includes a deep tissue massage along with a massage gun used to treat muscle soreness and muscle tension and can help improve performance for sports.

40 mins | \$60

Facials

Ehden Glow

Our signature facial is developed to relax your features, restore your radiant complexion through a relaxing massage, and improve your skin.

30 mins | \$60

Forever Young

A supreme beauty ritual for unparalleled results. A long sculpting massage combined with a derma-roller to restore youth and radiance to your skin.

30 mins | \$75

Gentleman's Facial

A facial designed with men in mind. A combination of gentle hydrating creams and a relaxing neck and shoulder massage to refresh and refine your complexion.

30 mins | \$60

Express

Head & Scalp

30 mins | \$60

Foot Reflexology

25 mins | \$40

Head, Neck, & Shoulders

25 mins | \$45

40 mins | \$60

Add-Ons

24K Gold Mask

10 mins | \$25

24K Eye Patches

15 mins | \$20

Body Scrub

30 mins | \$30